

ABHA中心計畫 (ABHA SEVA SADAN)

一個提供全方位
健康、福祉、身體、心靈和靈性關懷的醫療診所

Ananda Sambhuti 生態村 位於巴巴之城—佳滿坡 巴巴—雪莉 · 雪莉 · 阿南達慕提的出生地

阿南達瑪迦推廣總會 2021年11月



Prabháta Sam'giita No. 4206

Aungiká

Hamara-a Aungabhúmi

Mátrbhúmi Dharatii Maṇ Atul

Eíthāṇ Cáṇdra-a Cáṇdnii

Manara-a Roshnii

Gandha Saṇ Bharalo Phul

Ába A Hamar-a Dúr-a Bandhu,
Tonyna Cha Apár Karuńá Sindhu
Hamma Chiye Tora-a Vindu
Ańur Samatul.

Shuń-a Mor Auṅga Kii
Kaheyache,
Duhkhara-a Anta Cáheyache.
Tore Saháyatá Maṇ Jáceyache,
Káneyache Kahnah Bulbul.

這塊安佳大地

是我們的故鄉 世上無與倫比
這裡 心靈洋溢著皎潔的月光
所有心靈閃耀著光輝
花朵芳香四溢

遠方我最親愛的朋友啊

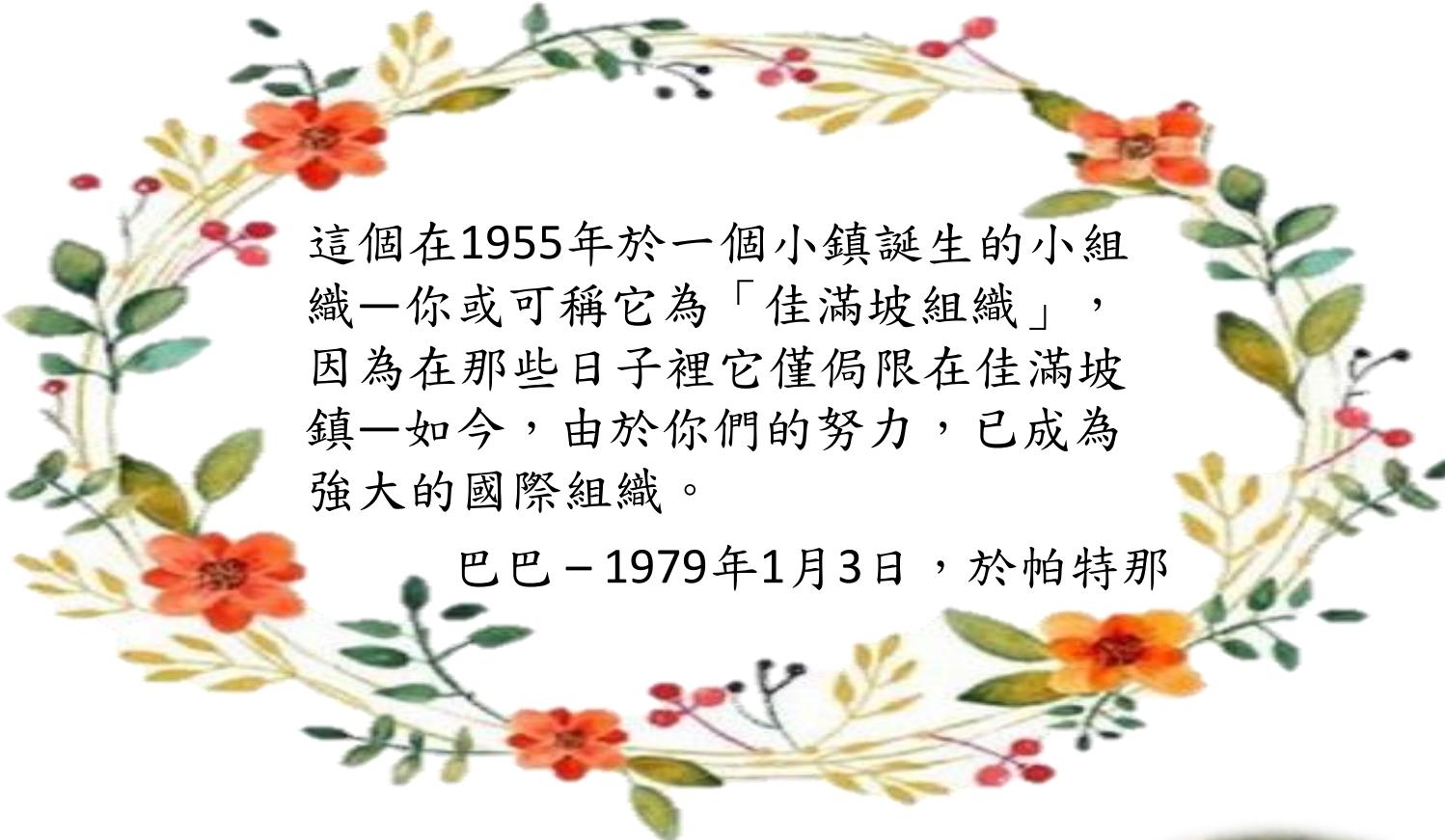
請您來到我身邊
您是無限慈悲的海洋
我是您永恆存在中的小微粒
如同您的一個小分子

哦 主啊 請您傾聽安佳大地怎麼說
她希望所有的悲傷都能結束
我的母親 安佳大地
在尋求您的幫助
遠處傳來了夜鶯的啼鳴
幽幽拂過耳際



雪莉 · 雪莉 · 阿南達慕提

他是第三位解脫眾生的至上意識 (Taraka Brahma)、完美的上師 (Sadguru)、摩訶三菩提 (Mahasambhuti) —— 至上喜悅的本體。以雪莉 · 雪莉 · 阿南達慕提的肉身形式，於1921年5月滿月日 (Vaeshakhi Purnima) 誕生於印度比哈省佳滿坡。我們親切地稱呼他為「巴巴」。他在佳滿坡居住了45年，在這段期間，他與眾多無軀體的光體、來自許多地方的偉大靈修者以及虔誠者們會面。1955年，他創立了阿南達瑪迦 —— 一個全球性的社會與靈性組織，現今在超過200個國家積極展開工作。阿南達瑪迦以「自我了悟」與「社會服務」為成立宗旨。



這個在1955年於一個小鎮誕生的小組
織—你或可稱它為「佳滿坡組織」，
因為在那些日子裡它僅侷限在佳滿坡
鎮—如今，由於你們的努力，已成為
強大的國際組織。

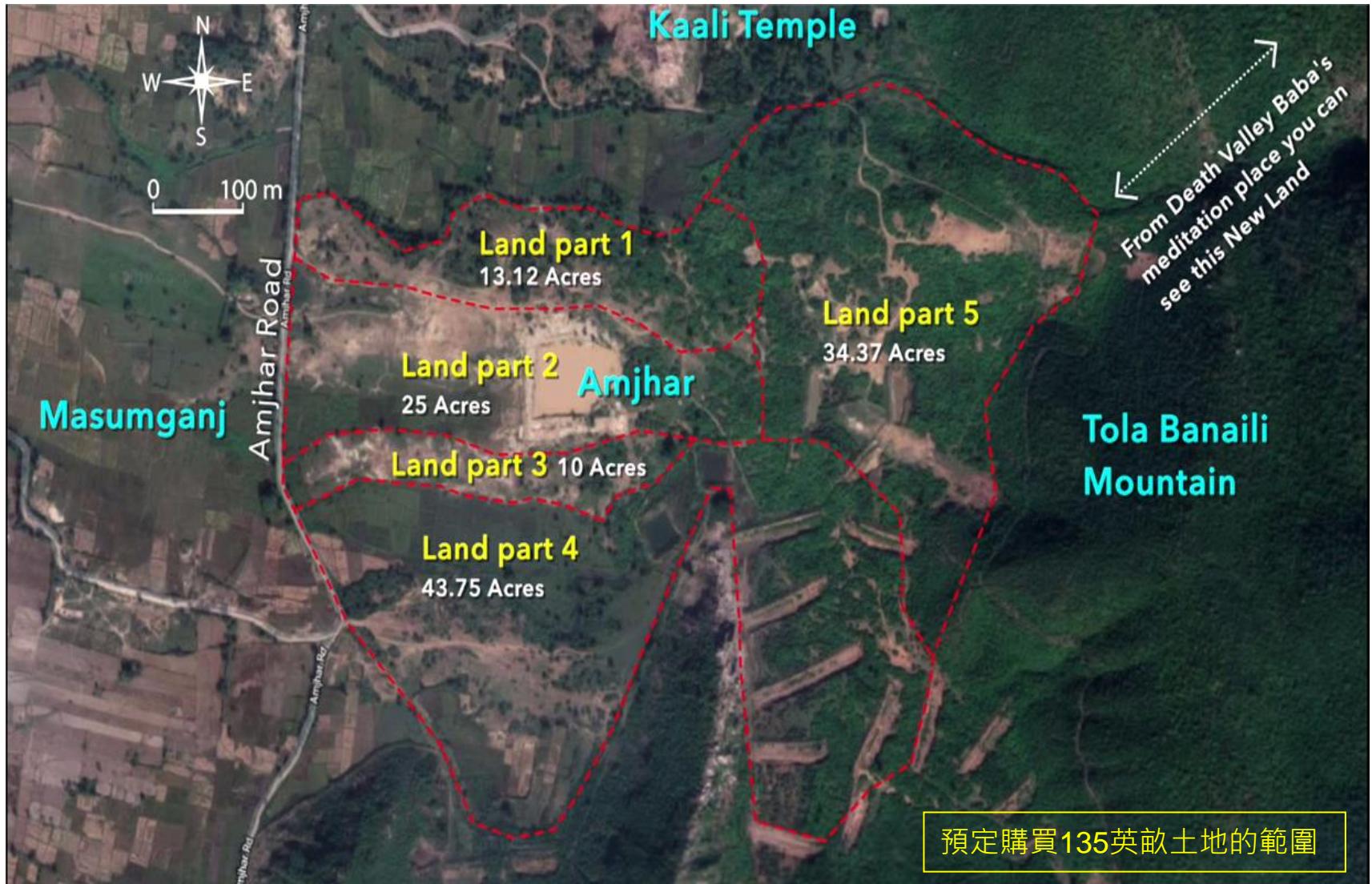
巴巴 – 1979年1月3日，於帕特那

A'c. Shubhaniryananda Avt. 自2004年12月起擔任阿南達瑪迦推廣總會(AMPS)香港區總秘書；自2019年12月起擔任阿南達瑪迦全球訓練中心總秘書。自2017年起參與巴巴之城 (Baba Nagar) –佳滿坡–巴巴出生地的發展工作，並由阿南達瑪迦推廣總會中央部門指導和監督，擔任Ananda Sambhuti 生態村計畫的計畫主持人。



Ananda Sambhuti 生態村計畫

2017年10月，阿南達瑪迦推廣總會(AMPS)立定目標要購買135英畝土地作為Ananda Sambhuti 生態村全球模範計畫的建設基地。



Ananda Sambhuti 生態村計畫包括各種教育、醫療和社會福利計畫
以及藝術、瑜伽、靈性與理想農業計畫等。



從全球各地來到生態村的Dada們、Didi們和瑪琪們 當地的工程師、計畫協調人與行政人員



Ananda Sambhuti 生態村美麗的大地



Ananda Sambhuti 生態村周邊的自然美景

新鮮的空氣、潔淨的水源與土壤、百年大榕樹群、寧靜祥和的靈性波動



2018年3月2日色彩節 (Holi-Colour Festival) 在Ananda Sambhuti 生態村
由阿南達瑪迦推廣總會全球總秘書 A'c Citsvarupananda Avt. 舉行第一次奠基儀式



空拍影片 Ananda Sambuti 生態村建設基地

影片一開始為生態村的東北角 正是 ABHA SEVA SADAN 的興建位置

<https://youtu.be/5ka-xhLexp8>



ABHA中心 (ABHA SEVA SADAN)計畫

目前我們已經購買了將近 45 英畝的土地。第一階段，我們已經啟動「ABHA中心 (ABHA SEVA SADAN)」計畫，一個提供全方位健康、福祉、身體、心靈和靈性關懷的醫療診所。



Ananda Sambhuti 生態村周邊鄰近的村莊

佳滿坡的人們大多非常貧困，當地的居民十分需要醫療照顧和其他生活上的需求



影片1 : Ananda Sambhuti 生態村周邊的Tikabara村莊

<https://youtu.be/0UbQIYBtCjs>



影片2：Ananda Sambhuti 生態村周邊的Masum Ganj, ram Chandra Pur村莊「這裡沒有醫療診所」

<https://youtu.be/9h3YvIcoKHY>



影片3：Ananda Sambhuti 生態村周邊的村莊

<https://youtu.be/Cp-64mxEC0o>



影片4：Ananda Sambhuti 生態村周邊的村莊

<https://youtu.be/9md-ZVCIhCU>



影片5：Ananda Sambhuti 生態村周邊的村莊

<https://youtu.be/1XcV0Kg8kC8>



ABHA中心 (ABHA SEVA SADAN)

ABHA是巴巴母親的名字，巴巴希望可以建造一座醫院幫助佳滿坡的居民以紀念他的母親。

我們為那些因現代社會問題所苦的人們提供全方位的照顧和關懷，期許這裡可以帶給人們希望和新的生命，這是我們的計畫宗旨。

我們以病患的福祉為重，使用特定的草藥、天然的藥方和其他有效的方法來治療疾病。病患能同時接受身心靈全方位的治療，並結合靜坐和對上主虔誠的教導。

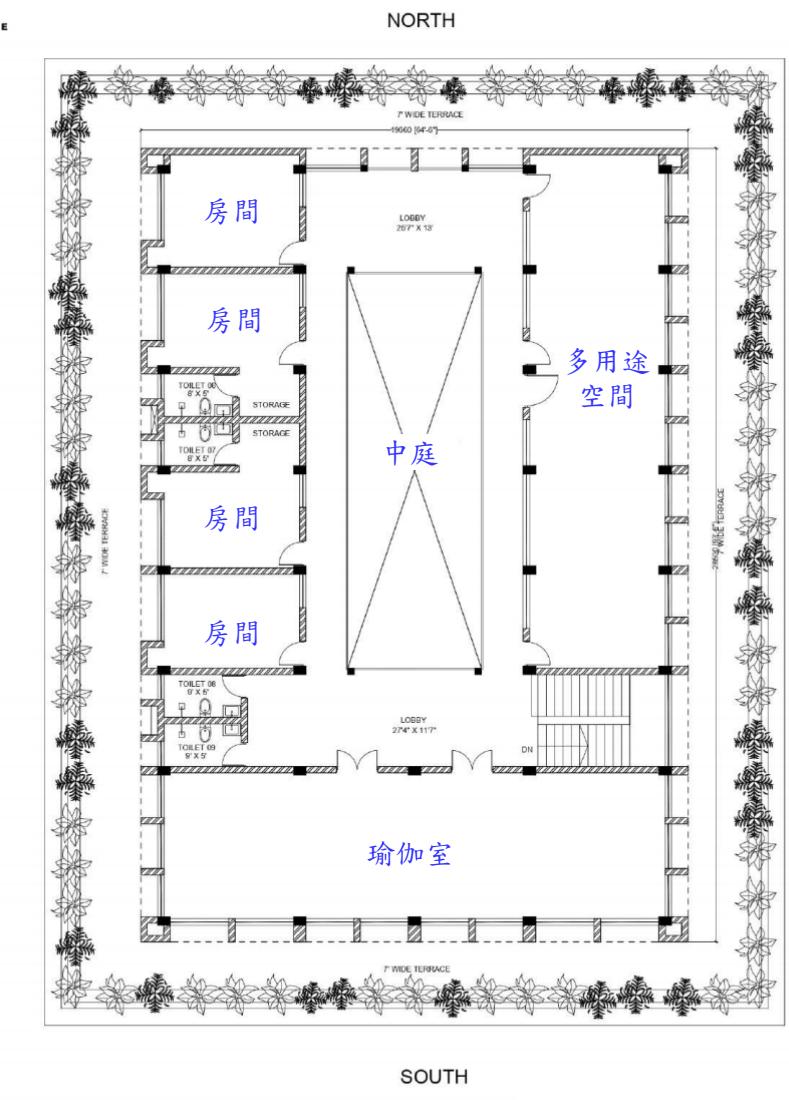
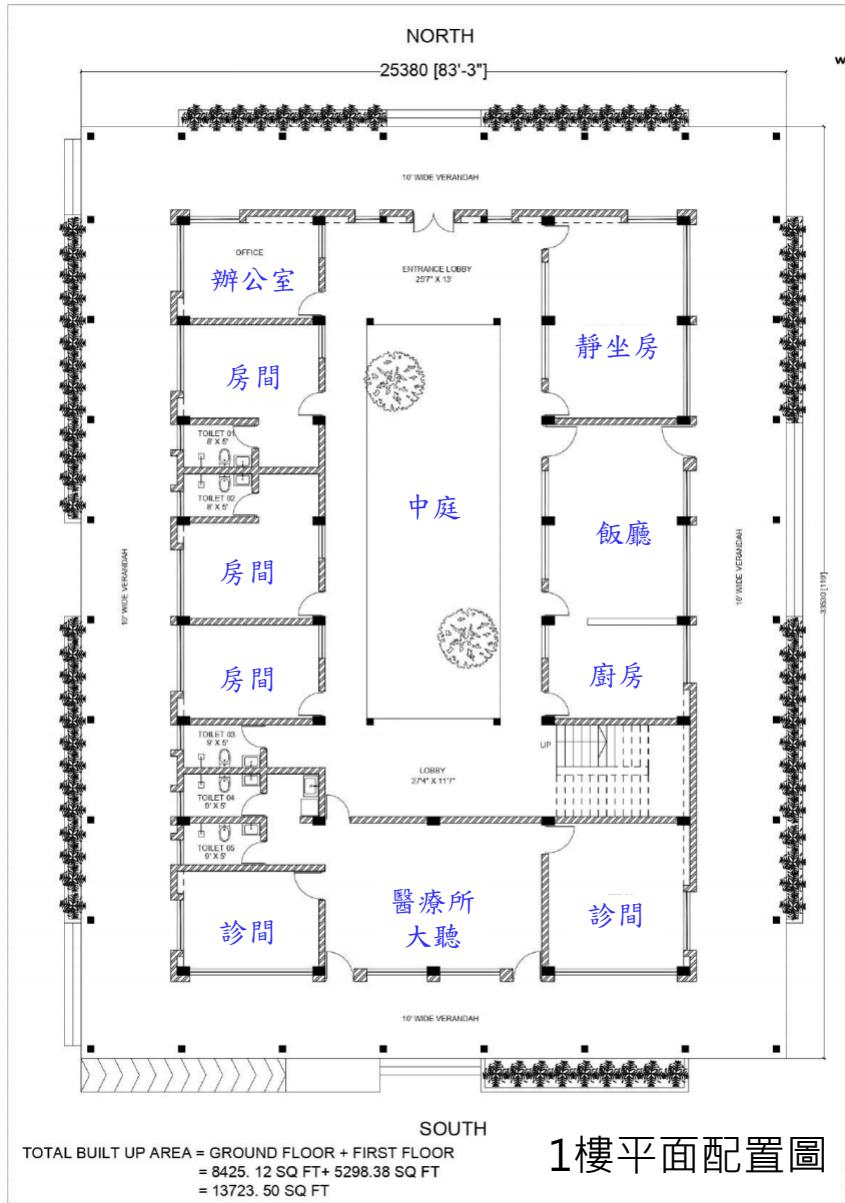
我們儘速啟動醫療計畫幫助佳滿坡貧困受苦的人們，並為世人建立一個全方位健康與福祉的場所。

計畫內容

我們計畫興建一棟兩層樓外加屋頂露台的四合院建築。建築規模為長約110英呎、寬約83英呎，中庭為長約46英呎3英吋，寬約15英呎9英吋。建築內部包含2個大廳和16間房間提供各種計畫使用，包含一個擁有兩個自然療法診間的醫療診所，相鄰的7個房間，以及靜坐房、瑜伽室、辦公室、廚房和餐廳等，以便我們容納和進一步執行 Ananda Sambhuti 生態村未來的各種計畫。



ABHA中心 (ABHA SEVA SADAN) 建築平面圖



設計建築師- Khushru Irani (印度 · 浦納)

ABHA中心 (ABHA SEVA SADAN) 建築提案動畫影片

設計建築師- Khushru Irani (印度 · 浦納)

<https://youtu.be/A7wy8VSToNQ>



ABHA中心 (ABHA SEVA SADAN) 新建工程工作團隊

參與計畫的當地建築師、工程師、協調人員與行政人員、達達們與瑪琪們





工程進度

2021年5月26日奠基儀式



6月24日測量與放樣



6月27日開工



2021年7月工程進度



2021年8月工程進度



2021年9月工程進度



2021年10月工程進度



2021年11月8日的工程進度



2021年11月8日工地現場施工影片

影片由佳滿坡當地的建築師 Giitesh 所拍攝

https://youtu.be/pYskLy_O_eU



為了協助ABHA中心計畫的推動 已興建完成的其他工程

我們興建包括小型瑜伽屋、辦公室、廁所、儲藏室、水井、水塔、太陽能板、道路等



工程預算

依當地工程師、行政人員估算，完成整棟建築的全部工程預算大約是4千萬盧比（相當於538,000美金，1千5百萬新台幣）。整體工程預算可能會依工程物價指數上漲而增加。

截至目前為止我們已經花費大約8百萬盧比（相當於108,000美金，3百萬新台幣），用來建造小型瑜伽屋、辦公室等協助ABHA中心計畫的推動，還有建造ABHA中心建築的地基和一樓的牆體。

我們還需要3千2百萬盧比（相當於432,000美金，1千2百萬新台幣）。在此呼籲您幫助我們，一起來完成這個崇高的計畫。非常感謝！



2021年4月至7月，當地氣溫高達攝氏35-46度，達達在ABHA中心的工地工作

工程進度



2021年5月26日是巴巴誕辰100周年，我們在這一天舉辦ABHA中心 (ABHA SEVA SADAN) 新建工程的奠基儀式。

6月24日，我們開始動工建造ABHA中心。

我們的目標，要在2022年完成整棟的建築工程，並將其命名為「ABHA BHAVAN」。希望藉由巴巴的恩典，與您愛心的協助，我們能夠順利完成這個崇高的計畫。

捐款方式

Account No. in Jamalpur-India

Bank: Union Bank of India

Branch: SB Munger Road, Jamalpur, Bihar

A/C. No.: 695201010050099

IFSC Code: UBIN0569526

MICR Code: 811026203

Name: M/S ÁNANDA MÁRGA RACARAKA

SAMGHA

Please Specify:

"Ananda Sambhuti Master Unit Development
in Jamalpur"

Paypal Account sshk09@gmail.com

Account No. for Overseas Countries

台灣地區

銀行 : 國泰世華(013)-竹城分行

帳號 : 210-03-500008-3

戶名 : 財團法人阿南達瑪迦公益基金會

請註明 : 佳滿坡窮人醫院籌建

台灣以外地區

Bank: Cathay United Bank, Taipei, Taiwan

A/C. No.: 267-08-700370-8

Name: Ananda Marga Social Welfare Foundation

Swift Code: UWCBTWTP

Bank Address: 1F., No. 7, Songren Road, Taipei
City, 11073, Taiwan

Tel: +886229310910

Please specify: "Jamalpur Medical Dispensary"



我們需要您的愛心支持這個計畫！



「如果您想要以其他方式捐款，請與我們聯繫」

工作團隊 聯絡方式



D.S Jamalpur (Ac Harshamayananda Avt)

+918340781682



S.S Delhi (Ac Kalyanmitrananda Avt)

+917076369807 kalyanmitrananda@gmail.com



Project Director (Ac Shubhaniryasananda Avt)

+919818435338 sshk09@gmail.com

WhatsApp: +886975005526



**Technical and Fund Raising
(Dada Abhidhyana Brahmacharii)**

+7 925 920-90-80 abhidhyanabrc@gmail.com

Email ID of Project: abhasevasadan@amps.org

anandasambhuti@amps.org



Website



Facebook

感謝您！

Namaskar!
Baba Nam Kevalam

2018年10月 · 來自全球的Dada們和Didi們來到 Ananda Sambhuti 生態村

緊鄰 Ananda Sambhuti 生態村南邊的天然溫泉，僅僅500公尺的距離



ABHA SEVA SADAN

Dispensary for All-round Health, Welfare, Yoga,
Meditation, Diet and Natural Remedies

Ananda Sambhuti Master Unit BABA NAGAR–JAMALPUR,
THE BIRTH PLACE OF BABA “SHRII SHRII ANANDAMURTI”

Ananda Marga Pracaraka Samgha
Nov. 2021



Prabháta Sam'giita No. 4206

Aungiká

Hamara-a Aungabhúmi
Mátrbhúmi Dharatii Mañ Atul
Eítháñ Cáñdra-a Cáñdnii
Manara-a Roshnii
Gandha Sañ Bharalo Phul

Ába A Hamar-a Dúr-a Bandhu,
Toñyna Cha Apár Karuńá Sindhu
Hamma Chiye Tora-a Vindu
Añur Samatul.

Shuń-a Mor Aunga Kii Kaheyache,
Duhkhara-a Anta Cáheyache.
Tore Saháyatá Mañ Jáceyache,
Káneyache Kahnah Bulbul.

This Aungabhúmi,
the motherland of ours,
is unparalleled in the whole world,
Here the mind remains ever
filled with moonlight,
the radiance of all minds,
and flowers are filled with fragrance.

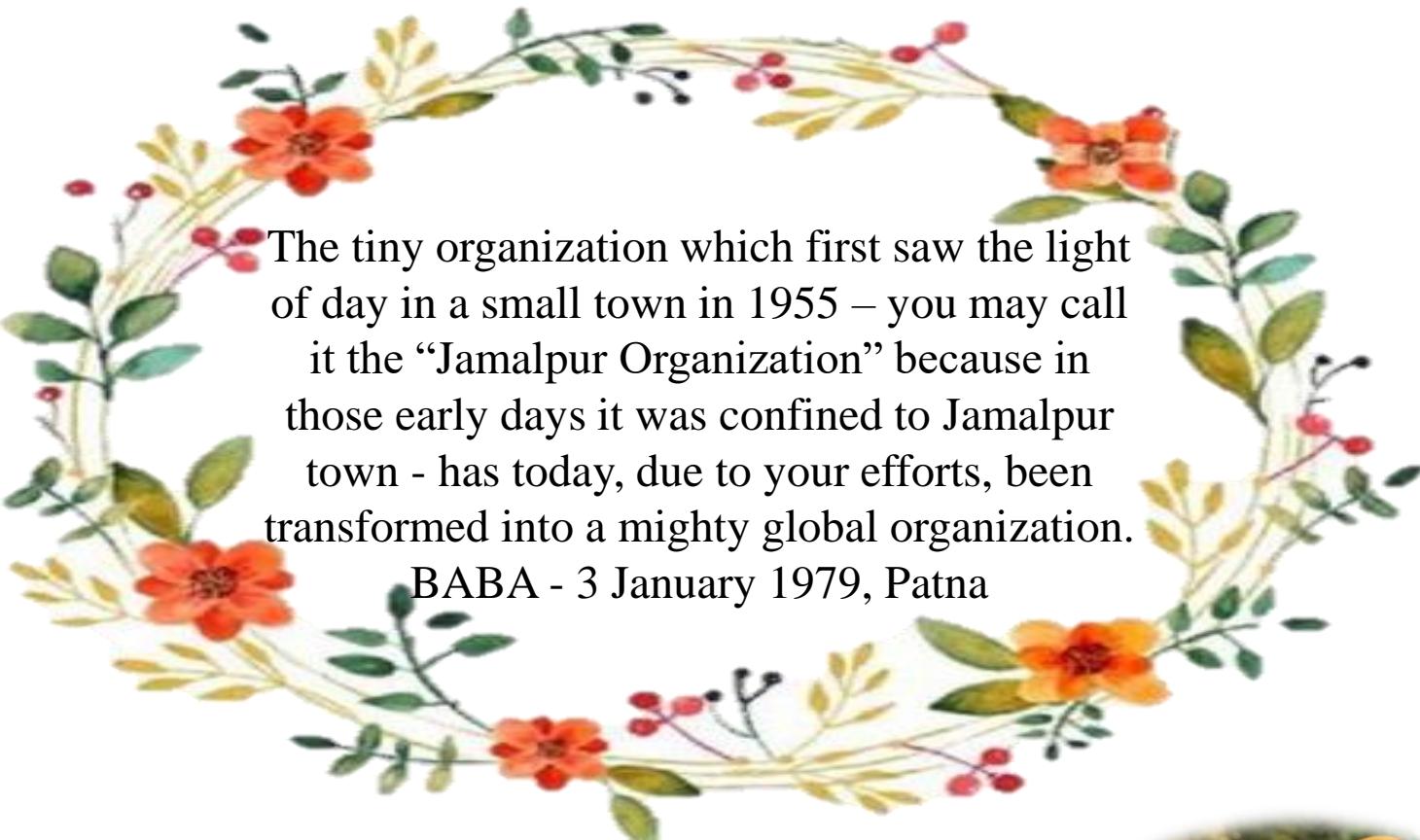
My distant, dearest Friend,
graciously come closer,
You are the ocean
of boundless compassion,
I am a particle
in Your infinite existence
just a molecule of Yours.

Lord, listen to my Aungabhúmi says.
She wishes all her sorrows would end,
Aungabhúmi, my mother,
seeks Your help;
from somewhere, the cries of a bulbul
float into my ears.



Shrii Shrii Anandamurti jii

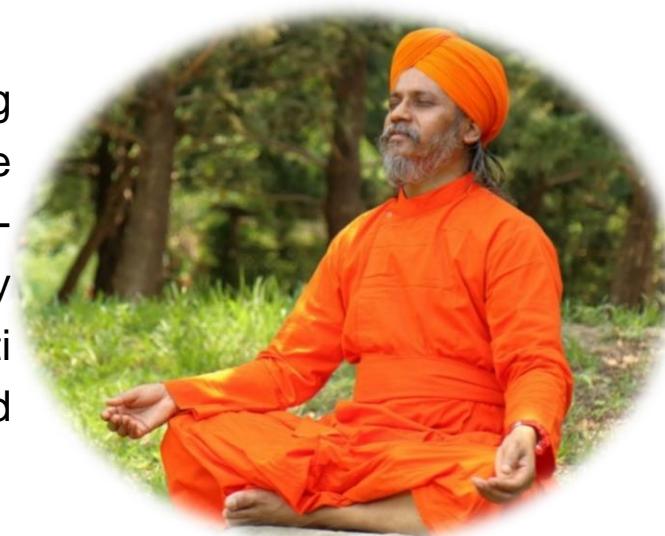
He was born as Mahasambhuti , the third Taraka Brahma, Sadguru, in the form of Shrii Shrii Anandamurti jii in Jamalpur. We lovingly call Him “BABA”. He was born on Vaeshakhi/ Buddha Purnima in the month of May, 1921. He lived in Jamalpur, Bihar, India for 45 years and has met with so many luminous body, great spiritualist and devotees from so many places. He is the founder of Ananda Marga, a global organization which was established in 1955. Ananda Marga is a social and spiritual organization which is actively working in more than 200 countries. The aim of AM is Self-realization and Service to humanity.



The tiny organization which first saw the light of day in a small town in 1955 – you may call it the “Jamalpur Organization” because in those early days it was confined to Jamalpur town - has today, due to your efforts, been transformed into a mighty global organization.

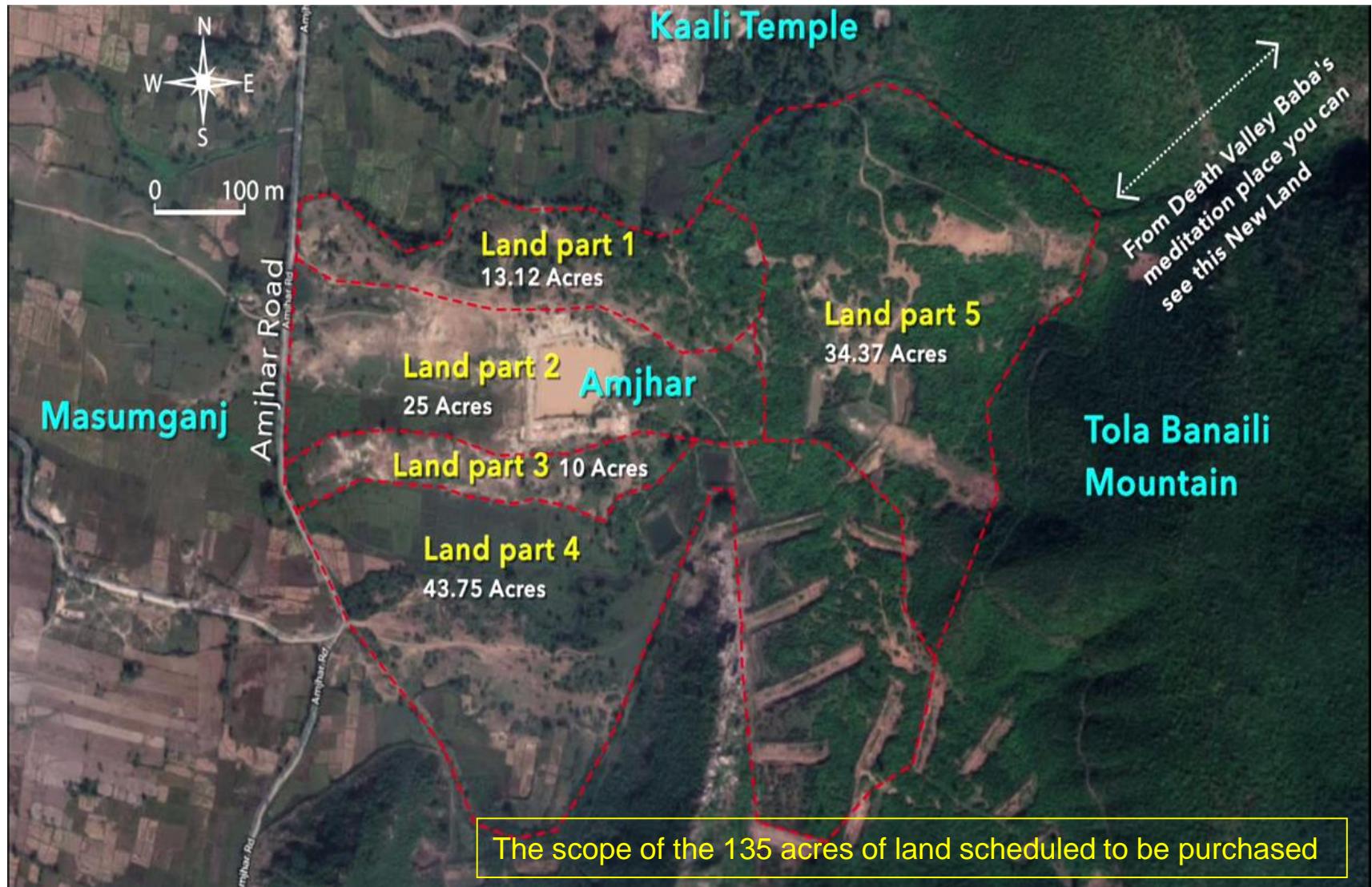
BABA - 3 January 1979, Patna

A'c. Shubhaniryasananda Avt. has been working as SS Hong Kong Sector since December 2004. He has been GTS since December 2019, and has been connected with Jamalpur - Baba Nagar, Baba's birthplace development project for many years—specifically as Project Director of Ananda Sambhuti Master Unit, Jamalpur, since 2017 under the guidance and supervision of AMPS Central.



Ananda Sambhuti Master Unit

In Oct 2017 AMPS took the target to own 135 acres of land to establish the Ananda Sambhuti Master Unit as Global Project.



Ananda Sambhuti Master Unit Project includes various education, medical and social welfare projects, as well as art, yoga, spirituality and ideal agriculture projects.



Dadas & Didis, Magiis, and Local Contractor and Engineers who came to visit Ananda Sambhuti Master Unit from all over the world in 2018



The natural beauty of Ananda Sambhuti Master Unit



The natural beauty surrounding Ananda Sambhuti Master Unit

Fresh air, clean water and soil, big very old banyan trees, immense peace and spiritual vibration



**1st Stone Laying Foundation done by GS Dada Jii Ac Citsvarupananda Avt
on Holi-spiring Festival, 2nd March 2018**



Video of Aerial footage of Land for Ananda Sambhuti Master Unit
This is the exact spot of ABHA SEVA SADAN in north west corner

<https://youtu.be/5ka-xhLexp8>



ABHA SEVA SADAN Project in Ananda Sambhuti Master Unit

We have purchased almost 45 acres of land till now. In the first phase, we have started construction of "ABHA SEVA SADAN" - a dispensary for all-round health, welfare, physical, mental, and spiritual caring.



The situations of the nearest villages of Ananda Sambhuti

The people of Jamalpur are economically very poor. The local residents are in very much need of medical care and other needs of lives.



Video 1: The Tikabara Village near Ananda Sambhuti

<https://youtu.be/0UbQIYBtCjs>



Video 2: The Masum Ganj ,Ram Chandra Pur Village near Ananda Sambhuti Master Unit. “No any hospital”

<https://youtu.be/9h3YvIcoKHY>



Video 3: The village near Ananda Sambhuti Master Unit

<https://youtu.be/Cp-64mxEC0o>



Video 4: The village near Ananda Sambhuti Master Unit

<https://youtu.be/9md-ZVCIhCU>



Video 5: The village near Ananda Sambhuti Master Unit

<https://youtu.be/1XcV0Kg8kC8>



ABHA SEVA SADAN

“ABHA” which means splendor, is the name of Baba’s mother, Shrii Mati ABHA RANI (the queen of splendor). Baba had a wish to build a hospital to serve the suffering people in Jamalpur to commemorate His mother.

We provide all-round care to those who were exhausted by modern society. The core purpose of this hospital is that we can take care of people in different and comprehensive ways.

We focus on the well-being of patients, using specific herbs and natural medicines along with other useful healing methods to cure the diseases. Patients in ABHA SEVA SADAN will not only receive physical treatment but will also receive psychic and meditation are spread through those treatments. .

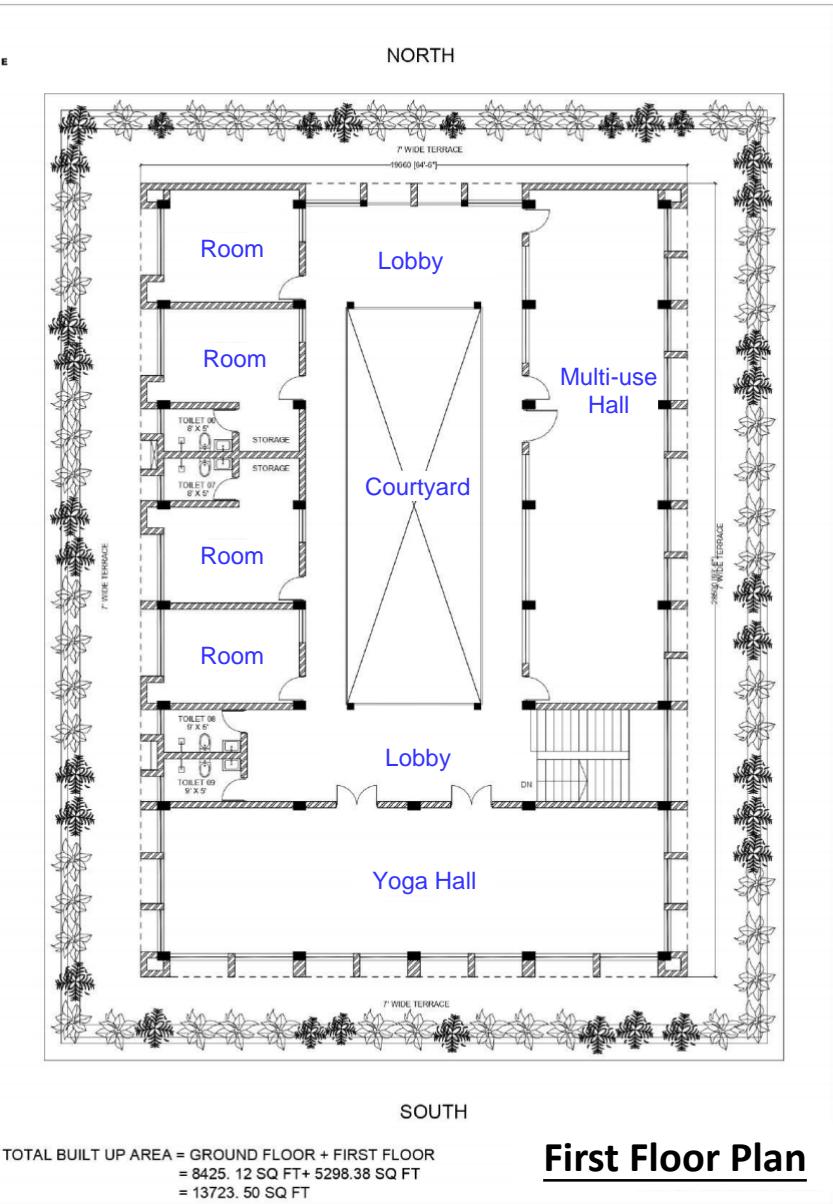
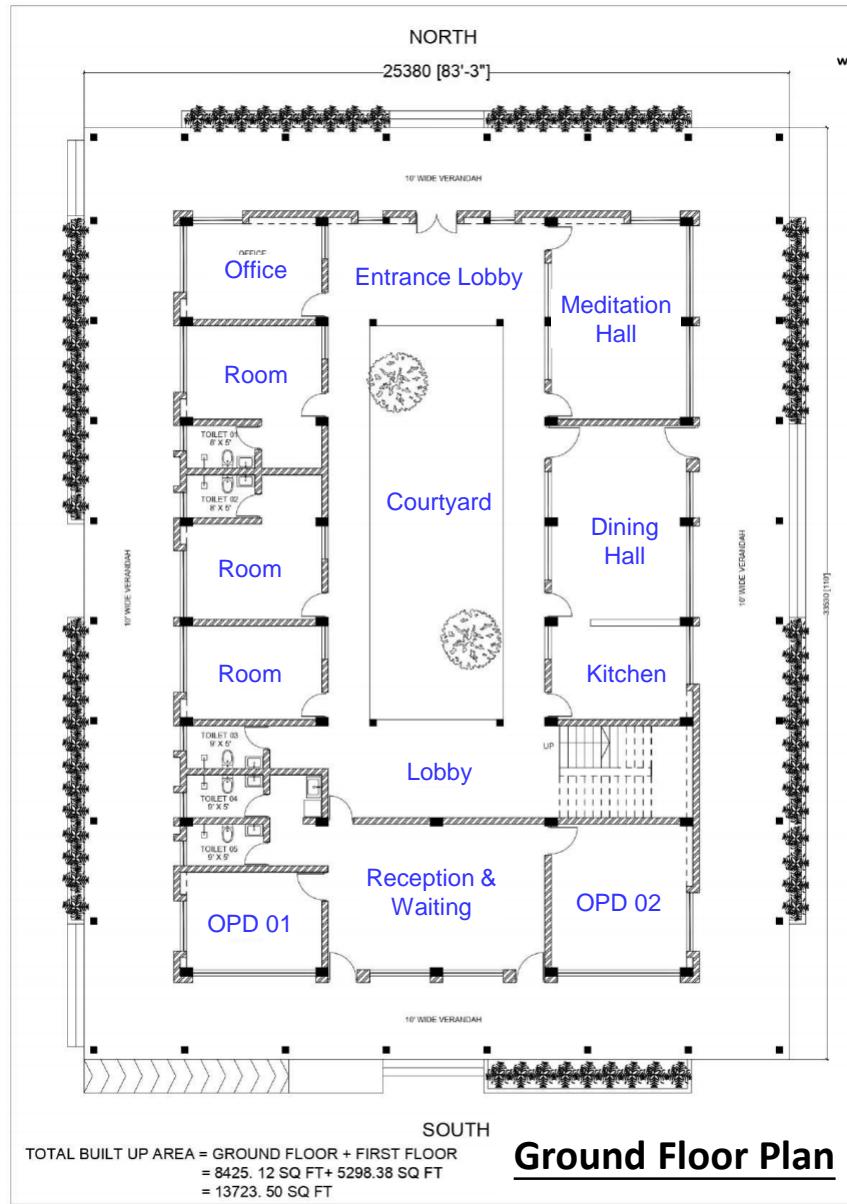
We start medical treatment as soon as possible for the local people in Baba Nagar-Jamalpur, and establish all-round health and welfare for people all over the world.

ARCHITECTURE DESIGN PLAN

We plan to build a Quadrangle Building with courtyard, in two-story along with one terrace on roof. The size of the building is 110 feet long, 83 feet wide. The size of the courtyard in building is 46 feet 3 inch long, 15 feet 9 inches wide. It includes two natural remedies rooms along with an adjoining residence of 7 rooms, meditation and yoga hall, office, kitchen, and dining room in order to accommodate and execute further various projects in our Ananda Sambhuti Master Unit.



The Site Plan of ABHA SEVA SADAN



Designed by Architect - Khushru Irani, Pune India

Video-The proposed Animation of ABHA SEVA SADAN

Designed by Architect - Khushru Irani, Pune India

<https://youtu.be/A7wy8VSToNQ>



The Work Team of ABHA SEVA SADAN Construction

Local Architect, Engineer, Contactor, Local Coordinator, Dadas and Margiis team





CONSTRUCTION PROGRESS

26 May 2021, LAYING OF THE FOUNDATION STONE



24 June, MEASUREMENT AND STAKEOUT



27 June,
CONSTRUCTION
STARTED



CONSTRUCTION PROGRESS in July 2021



CONSTRUCTION PROGRESS in August 2021



CONSTRUCTION PROGRESS in September 2021



CONSTRUCTION PROGRESS in October 2021



CONSTRUCTION PROGRESS on 8 Nov 2021



Video of the construction progress on 8 Nov 2021

Video taken by Local Architect-Giitesh from Jamalpur

https://youtu.be/pYskLy_O_eU



Others Constructions in Ananda Sambhuti Master Unit to support ABHA SEVA SADAN

We constructed Small Jagrti, Office, Toilet, Storage, Well, Water tank, Solar Panel, Road etc.



Budgets and Finance

The total budget to complete the construction of the entire building as per the Local Engineer, Contactor, and Local Coordinator is approximately Rupees = 4 Crore, USD = 538,000, NT\$ = 15 million at this moment. The budget may go up till the completion of construction, due to the construction cost index (CCI).

Till now total we have spent approximately Rupees= 8 Million, USD=108,000, NT\$ = 3 Million, by which we have already constructed Jagrti, office etc. to support ABHA SEVA SADAN project, and the foundation and ground floor wall of ABHA SEVA SADAN.

Remaining funds we need is total Rupees=3.2 Crore, USD=432,000, NT\$ = 12 Million. We appeal for your support to complete the construction of this building. Thank you very much!



Dada worked at the construction site from 35 to 46 degrees Celsius from April to July 2021

Timeframe



We were able to perform the Laying of the Foundation Stone Ceremony of ABHA SEVA SADAN on the occasion of Baba's Centennial Birthday Celebration on 26 May, 2021.

On the 24th of June, we started the construction of ABHA SEVA SADAN building.

Our target is to complete the construction of entire building by 2022. The Name of This building is "ABHA BHAVAN". Hope by Baba's Grace, we will complete it with your loving support.

WAYS TO DONATE

Account No. in Jamalpur-India

Bank: Union Bank of India

Branch: SB Munger Road, Jamalpur, Bihar

A/C. No.: 695201010050099

IFSC Code: UBIN0569526

MICR Code: 811026203

Name: M/S ÁNANDA MÁRGA RACARAKA

SAMGHA

Please Specify:

"Ananda Sambhuti Master Unit Development
in Jamalpur"

Paypal Account sshk09@gmail.com



Please give your loving heart for this project!



"If any body wants to donate in other way, please contact us."

Working Team-CONTACT and WhatsApp



D.S Jamalpur (Ac Harshamayananda Avt)

+918340781682



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Thank You!

Namaskar!
Baba Nam Kevalam

Dadas & Didis from the entire globe visiting to Ananda Sambhuti in Oct 2018

The hot spring is very near, 500 meters away in the south of Ananda Sambhuti Master Unit.

